



PARENT/CHILD INCORPORATED - SEPTEMBER 2010 MENU

		WEDNESDAY 1	THURSDAY 2	FRIDAY 3
		Pancake Orange Juice Milk	Raisin Bread Toast Apple Juice w/vit. C Milk	Biscuit Pineapple Tidbits Milk
		Chicken A La King Egg Noodles Carrots & Green Peas Pineapple Tidbits Milk	Sloppy Joes on Hamburger Bun Corn Mandarin Oranges Milk	Fish Nuggets w/ketchup Macaroni w/Cheese Broccoli/Carrots Sliced Peaches Milk
		Ritz Crackers Milk	Animal Crackers Milk	Bread Stick Orange Juice
MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
LABOR DAY HOLIDAY	Wheat Toast Orange Juice Milk	Corn Flakes Banana Milk	Waffle Sliced Peaches Milk	Pancake Apple Juice Milk
	Corn Dog Pork'n'Beans Fruit Cocktail Milk	Chicken with Spanish Rice Broccoli Mandarin Oranges Milk	W.W. Spaghetti w/ Ground Beef Sauce Green Beans Diced Pears Milk	Beef & Broccoli Oriental White Rice Pineapple Tidbits Milk
	Vanilla Wafers Milk	W. W. Apple Bread Milk	Cheese Stick Orange Juice	Hardboiled Egg Milk
MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
Raisin Bread Toast Orange Juice Milk	Biscuit Apple Juice w/vit C Milk	French Toast Pineapple Juice Milk	Cheerios Applesauce Milk	STAFF DEVELOPMENT DAY
Beef/Bean Burrito Carrots Pineapple Tidbits Milk	Beef/Macaroni Casserole Green Beans Sliced Peaches Milk	Beef Stew w/ Carrots, Potatoes & Green Peas Diced Pears Roll Milk	Chicken Jambalaya w/ Celery & Bell Pepper White Rice Pineapple Tidbits Milk	
Graham Crackers Milk	Banana Milk	Oatmeal Cookie Orange Juice	Animal Crackers Milk	
MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
White Toast Orange Juice Milk	Waffle Apple Juice w/vit C Milk	Pancake Banana Milk	Oatmeal Sliced Peaches Milk	Raisin Bread Toast Applesauce Milk
Ham & Cheese Sandwich Carrots & Green Peas Sliced Peaches Milk	* Bean & Cheese Chalupa Lettuce & Tomato Pineapple Tidbits Milk	Tortilla Pie Broccoli, Squash & Red Pepper Mandarin Oranges Milk	Chicken Drumstick Mashed Potatoes Carrots Roll Milk	* Carne Guisada Spanish Rice Pinto Beans Fruit Cocktail Milk
Vanilla Wafers Milk	Ritz Crackers Milk	W.W. Blueberry Bread Milk	Bread Stick Orange Juice	Graham Crackers Pineapple Juice
MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	
Biscuit Apple Juice w/vit. C Milk	Wheat Toast Orange Juice Milk	Rice Krispies Applesauce Milk	Waffle Orange Juice Milk	
Chicken Nuggets Mashed Potatoes Carrots & Broccoli Wheat Bread Milk	Beef & Spanish Rice Corn & Green Beans Fruit Cocktail Milk	Ham Pattie w/gravy Rice & Broccoli Casserole Diced Pears Milk	Beef & Pasta Casserole Corn & Green Peas Sliced Peaches Milk	
Animal Crackers Milk	Banana Milk	Oatmeal Cookie Milk	Vanilla Wafers Milk	

*During the week of September 20th through 24th, food is served in observance of "Diez y Sés de Septiembre" celebration.